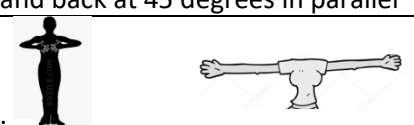


## Dance Knowledge Organiser for Yr6

| Key knowledge    |  |
|------------------|--|
| Autumn           |  |
| Step ball change | To know how to combine this linking/travelling step with other steps to create student led choreography. |
| Forward stretch  | To know how to perform a flat back stretch and develop awareness of the spine.                           |
| Isolations       | To develop co-ordination and know how to isolate movement in different parts of the body.                |

Music-. Using music to structure dance according to the rhythm.  
 Drama – Awareness of audience. Understand more complex stage directions. Self -confidence during small group performance.  
 French- use of technical phrases and vocabulary.  
 PE- across all areas using skills to demonstrate expertise, and the ability to evaluate and improve performance.

| Key knowledge                                  |  |
|--|--|
| Spring   |  |
| Abdominal Exercise                             | To learn how to safely strengthen abdominals and to understand why working the core is so important.     |
| Pas de bourree<br><i>(little running step)</i> | To know how to combine this linking/travelling step with other steps to create student led choreography. |
| Turning technique                              | To improve turns using the correct head technique; spotting.   |

| Key Vocabulary           |   |
|--------------------------|---|
| Step ball change         | To travel using a step and gallop   |
| Forward Stretch          | To bend forward from the waist as far as possible whilst maintaining a straight back and knees.   |
| Isolation                | To use one part of the body (e.g. shoulder) whilst maintaining stillness in the rest of the body.   |
| Abdominal "crunch"       | To correctly use the abdominals to lift head and shoulders off the floor from a laying position.  |
| Pas de bourree           | To step behind, side and front.   |
| Spotting                 | Having identified a spot on which to focus, the head is the last thing to leave the front and the first thing to return.                                |
| Leg stretching           | To fully extend the leg from the hip including straight knees and stretched feet, either on the floor or in the air.                                    |
| Front kicks              | To perform a kick to the front, with both supporting and working leg held straight, whilst maintaining good posture, either on the floor or in the air. |
| Opposition arms          | To swing straight arms to the front and back at 45 degrees in opposition  |
| Parallel arms            | To swing straight arms to the front and back at 45 degrees in parallel  |
| Jazz first & second arms |    |

| Key knowledge                  |  |
|--------------------------------|--|
| Summer                         |  |
| Leg Stretching and front kicks | To know how to perform a technically proficient front kick with a straight leg.                    |
| Arm positions and movements    | To know the basic jazz arm positions – opposition, parallel, 1 <sup>st</sup> and 2 <sup>nd</sup> . |
| Foot Control                   | To know how to perform a technically proficient jump with a safe landing through the foot.         |

| Extended learning opportunity                |
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| Production<br>Google classroom opportunities |

| Cross curricular links |
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