



Subject: PE

Theale CE Primary School Subject Overview Planning

<i>Year Group</i>	<i>Term</i>	<i>Area of Knowledge and Skill. (SUBJECT TO CHANGE DUE TO COVID-19 RESTRICTIONS)</i>
FS	<i>Autumn</i>	<i>Space, pace and movement skills/Sending and receiving a ball with feet and hands /coordination</i>
	<i>Spring</i>	<i>Running skills. /Health and fitness./ Multi skills.</i>
	<i>Summer</i>	<i>Athletic skills; jumping, throwing. Bat and ball skills.</i>
Year 1	<i>Autumn</i>	<i>Throwing and Catching. /Ball skills with feet.</i>
	<i>Spring</i>	<i>Running Skills. /Health and Fitness. /Multi skills with a partner.</i>
	<i>Summer</i>	<i>Athletic Team Skills. /Racket and ball skills.</i>
Year 2	<i>Autumn</i>	<i>Gymnastics: travelling, simple rolls and jumps. Football. Close control, short passing./ Tag Rugby. Static passing, dodging and tagging</i>
	<i>Spring</i>	<i>Gymnastics: simple sequences of movements, performance and evaluation./Cross country. Experience running longer distances./Health and Fitness</i>
	<i>Summer</i>	<i>Athletics. Introduction of javelin, hurdles, sprint and standing jump./Tennis. Sending and receiving, movement around the court.</i>
Year 3	<i>Autumn</i>	<i>Gymnastics: travelling, levels, accuracy of movement./Football. Close control, short passing, interception./Tag Rugby. Moving passes, dodging and tagging.</i>
	<i>Spring</i>	<i>Gymnastics: Sequences of 5 movements, varying speed and levels. Individual performance and evaluation./ Cross country. Experience running longer distances and begin to set own targets/Health and Fitness</i>
	<i>Summer</i>	<i>Athletics. Javelin, hurdles, sprint and standing jump./Tennis. Sending and receiving, agile movement around the court.</i>
Year 4	<i>Autumn</i>	<i>Gymnastics: jumps from height, vaulting, practice, perform, evaluate./Football. Close control, long passing, interception, mini games./Tag Rugby. Accurate passing, mini games, competitive challenges.</i>
	<i>Spring</i>	<i>Swimming: front and back crawl, introduction of treading water./Gymnastics: conditioning, strength work and sequences./Cross country. Experience running longer distances, setting targets and running competitively/Health and Fitness</i>
	<i>Summer</i>	<i>Athletics. Introduction of triple jump, increased level of skill in javelin, hurdles, standing jump, sprint./Hockey. Close control, short passing, team work</i>
Year 5	<i>Autumn</i>	<i>Gymnastics: Vaulting to feet using spring board. Paired balance work./ Football. Close control, long passing, interception, mini games./Tag Rugby. Accurate passing, increased speed and fluency during a game.</i>
	<i>Spring</i>	<i>Gymnastics: Individual Key steps competition/Cross country. Interval running, peer target setting, increased speed and distance/Health and Fitness</i>
	<i>Summer</i>	<i>Athletics. Peer moderating of individual targets in running, jumping and throwing/Hockey. Close control, short passing, Team work</i>
Year 6	<i>Autumn</i>	<i>Gymnastics: Vaulting to feet using spring board. Group balances. Football. Mini-games, applying skills to larger game experiences. Peer coaching./ Tag Rugby. Accurate passing, team work, increased understanding of game rules. Swimming: Consolidation of front and back stroke. Lifesaving skills.</i>
	<i>Spring</i>	<i>Gymnastics: Individual Key steps competition/Cross country. Interval running, peer target setting, increased speed and distance/Health and Fitness</i>
	<i>Summer</i>	<i>Athletics. Peer moderating of individual targets in running, jumping and throwing./Hockey/Tennis. Match play, scoring.</i>