

**THEALE AFTER SCHOOL CLUB - SAMPLE MENU**

**SUMMER MENU APRIL - JULY**

Week One		Week Two		Week Three	
Monday	Thai Noodles with Rainbow Vegetables and Corn on the Cob	Monday	Broccoli & Sweetcorn Pasta with Tomato & Herb Sauce & Cheddar Cheese	Monday	Classic Mozzarella Cheese & Tomato Pizza, Potato Wedges & Sweetcorn
	Honeydew melon wedge		Flapjack Triangle		Strawberry Swirl Mousse
Tuesday	Roast Twice Cooked Gammon with Roast Potatoes, Sliced Carrots & Gravey	Tuesday	Bangers n Hash. Pork sausages, Potato Hash and Baked Beans	Tuesday	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese
	Fresh Fruit Salad		Banana Yoghurt & Oaty Biscuit		Victoria Sponge Cake
Wednesday	BBQ Pulled Pork with Roasted Cherry Tomato & Sweetcorn Salad	Wednesday	Roast Chicken, Roast Potatoes, Sliced Carrots & Gravy	Wednesday	Roast Turkey Crown, Roast Potatoes, Sliced Carrots & Gravy
	Apple Doughballs		Strawberry Jelly		Vanilla Yoghurt & Oaty Biscuit
Thursday	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Thursday	Traditional Beef Bolognese with Spaghetti, Cucumber Slices and Crusty Garlic Bread	Thursday	Aromatic Chicken & Chickpea Tikka Masala with Bombay potatoes & Broccoli
	Vanilla Yoghurt & Oaty Biscuit		Fresh Fruit Salad		Flapjack Triangle
Friday	Breaded Pollock Fish fingers with Potato Wedges & Garden Peas	Friday	Breaded Fishcakes with Crushed New Potatoes & Green Beans	Friday	Breaded Pollock Fillet with Rosemary Potato Wedges & Whole Green Beans
	Vanilla Ice Cream		Watermelon Slice		Fresh Fruit Salad