


PE Knowledge Organiser

Topics: Football; mini-games, applying skills to larger game experiences, peer coaching. Gymnastics; vaulting to feet, group balances. Tag Rugby; team work, increased understanding of match rules. Swimming; consolidation of front and back stroke, personal survival skills.	Year: Y6	Autumn Term
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Key knowledge	
Football; mini games, peer coaching, applying skills to game experiences.	
Peer coaching	To use own knowledge to develop skills of other players, by modelling and refereeing
Game experience	To know the role of each player goal keeper, defender, mid field, striker. 

Key knowledge	
Gymnastics; vaulting to feet and group balances.	
Vaulting	To know how to alter speed, shape and accuracy to successfully vault to feet or squat through.
Group/paired balances.	To understand the term balance and counter balance, To know how to use a range of body parts and shapes to create group and paired balances.


Key knowledge	
Tag Rugby; team work, increased understanding of match rules.	
Match tactics	To know that where the opposition are positioned is vital to decision making for own team.
Player support	To know the importance of supporting the player with the ball to ensure quick play.
Tagging	To know that a set number of tags is needed to 'turn over' the ball.

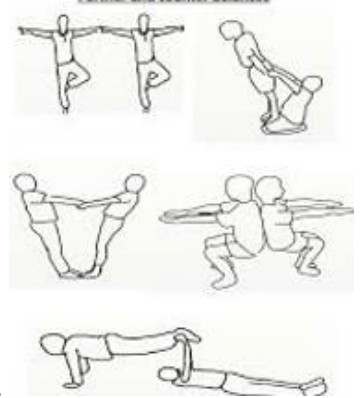
Key knowledge	
Swimming	
Front crawl 25m	To know that the body should be as flat as possible in the water.
Back crawl 25m	To know that small fast kicks while swimming using the backstroke technique will propel the swimmer.
Treading water	To know how to tread water for over 60 seconds.
Additional Stroke	To know how to swim 25m using breast stroke or butterfly.

Key Vocabulary

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Peer coaching	When pupils use their own high level skills and knowledge to improve the performance of others by modelling and managing mini games.
Referee	The main official responsible for ensuring play is within the rules
Handball	When a player, other than the goal-keeper, deliberately controls the ball using their hand.
Vault through	 <p>Fast run up, take off with two feet, hands on the vault, tuck legs up and pass legs through the arms, land with both feet on the mat.</p>

Partner and counter balances	<p style="text-align: center; font-size: small;">Partner and counter balances</p> 
Front crawl	A swimming stroke; arms are moved alternately overhead accompanied by a flutter kick.
Butterfly	a swimming stroke swum on the chest, with both arms moving symmetrically, accompanied by the butterfly kick.