

<h2>Democracy</h2>	<h2>Mutual respect and Relationships</h2>		<h2>Identity</h2>	<h2>A healthy Lifestyle</h2>	
<p>The British government works with the monarchy and the House of Lords.</p> <p>The House of Lords shares the task of making and shaping laws and checking and challenging the work of the government.</p> <p><b>Examples of Autocracies:</b> Saudi Arabia, Qatar, Morocco, North Korea and Vatican City</p> <p><b>Examples of Communist societies:</b> China, Cuba and Vietnam .</p>	<p>I can show mutual respect in a range of contexts by:</p> <ul style="list-style-type: none"> <li>• treating people with courtesy, politeness, and kindness.</li> <li>• Encouraging others to express opinions and ideas.</li> <li>• Listening to what others have to say before expressing your viewpoint.</li> <li>• Using the ideas of others to change or improve work.</li> </ul>	<p>Boundaries within different relationships should be decided first by what makes us both feel safe.</p> <p>Families are important for children growing up because they give love, security and stability.</p> <p>The characteristics of healthy family life are:</p> <ul style="list-style-type: none"> <li>• commitment to each other, including in times of difficulty</li> <li>• protection and care for children and other family members</li> <li>• the importance of spending time together and sharing each other's lives.</li> </ul>	<p>I know what makes me feel valuable.</p> <p>Aspirations and goals can change, but they have maximum value when about ourselves.</p> <p>Feelings can vary in intensity.</p> <p>Some of the things that change with puberty are:</p> <ul style="list-style-type: none"> <li>• body image</li> <li>• human reproduction and conception.</li> <li>• Emotions</li> </ul>	<p>Our dietary choices can be influenced by:</p> <ul style="list-style-type: none"> <li>• The media</li> <li>• Beliefs</li> <li>• The environment and the welfare of animals</li> <li>• Income</li> <li>• Availability</li> </ul>	
<h2>Diversity, Tolerance and Equality</h2>		<h2>Individual Liberty</h2>		<h2>Careers and Finance</h2>	
<p>Relationships can be diverse. I can maintain a relationship, despite differences, if I</p> <ul style="list-style-type: none"> <li>• Listen</li> <li>• Focus on what we have in common</li> <li>• Show kindness</li> </ul> <p><b>Discrimination</b> — unfair treatment of someone because of their religion, race, or other personal features</p> <p><b>Prejudice</b> — an unreasonable opinion or feeling, especially the feeling of not liking a particular group of people</p>		<p>Human rights take precedence over other laws.</p> <p>Individuals, states and cultures have practices and traditions.</p> <p>UK.</p>	<p>The ethnic groups specified by the government are:</p> <ul style="list-style-type: none"> <li>• White</li> <li>• Mixed/multiple ethnic groups</li> <li>• Asian/Asian British</li> <li>• Black/African/Caribbean/Black British</li> <li>• Other (including Arab)</li> </ul>	<p>I can establish an enterprise by:</p> <ul style="list-style-type: none"> <li>• Researching</li> <li>• Planning</li> <li>• Arranging finance</li> <li>• Getting licences and permits</li> </ul>	<p>Wages are subject to deductions,, including</p> <ul style="list-style-type: none"> <li>• Taxes</li> <li>• National Insurance</li> <li>• Student Loan</li> <li>• Pensions</li> </ul>
<h2>Risk</h2>		<h2>The Environment</h2>			
<p>With independence comes the responsibility of keeping ourselves safe by</p> <ul style="list-style-type: none"> <li>• Recognising risks</li> <li>• Assessing risks</li> <li>• Mitigating risks</li> </ul> <p>Pressure on behaviour can come from</p> <ul style="list-style-type: none"> <li>• Peers</li> <li>• The media.</li> </ul>		<p>One person can make a difference in the way we treat the planet, such as Greta.</p> <p>The media can influence our inclination to take action, and this includes voting for change in government policy.</p> <p>We can resolve differences in the allocation of resources to all around the world by pressuring governments, making smart choices when we purchase goods, voicing our beliefs in a constructive way.</p>			

## The UN Human Rights

When children are born, they are free and each should be treated in the same way. They have reason and conscience and should act towards one another in a friendly manner.

Everyone can claim the following rights, despite

- a different sex
- a different skin colour
- speaking a different language
- thinking different things
- believing in another religion
- owning more or less
- being born in another social group
- coming from another country.

It also makes no difference whether the country you live in is independent or not.

You have the right to live, and to live in freedom and safety.

Nobody has the right to treat you as his or her slave and you should not make anyone your slave.

Nobody has the right to torture you.

You should be legally protected in the same way everywhere, and like everyone else.

You should be able to ask for legal help when the rights your country grants you are not respected.

Nobody has the right to put you in prison, to keep you there, or to send you away from your country unjustly, or without a good reason.

If you must go on trial this should be done in public. The people who try you should not let themselves be influenced by others.

You should be considered innocent until it can be proved that you are guilty. If you are accused of a crime, you should always have the right to defend yourself. Nobody has the right to condemn you and punish you for something you have not done.

You have the right to ask to be protected if someone tries to harm your good name, enter your house, open your letters, or bother you or your family without a good reason.

Each work day should not be too long, since everyone has the right to rest and should be able to take regular paid holidays.

You have the right to have whatever you need so that you and your family: do not fall ill; do not go hungry; have clothes and a house; and are helped if you are out of work, if you are ill, if you are old, if your wife or husband is dead, or if you do not earn a living for any other reason you cannot help.

Both a mother who is going to have a baby and her baby should get special help. All children have the same rights, whether or not the mother is married.

You have the right to go to school and everyone should go to school. Primary schooling should be free. You should be able to learn a profession or continue your studies as far as you wish. At school, you should be able to develop all your talents and you should be taught to get on with others, whatever their race, their religion or the country they come from. Your parents have the right to choose how and what you will be taught at school.

You have the right to share in your community's arts and sciences, and in any good they do. Your works as an artist, a writer or a scientist should be protected, and you should be able to benefit from them.

To make sure that your rights will be respected, there must be an "order" that can protect them. This "order" should be local and worldwide.

You have duties towards the community within which your personality can fully develop. The law should guarantee human rights. It should allow everyone to respect others and to be respected.

No society and no human being in any part of the world should act in such a way as to destroy the rights that you have just been reading about.