Democracy	Mutual respect and Relationships					Identity	A healthy Lifestyle
If a democracy is neglected, it may lead to: <ul> <li>People being treated badly</li> <li>A leader who is not accountable</li> <li>Unfairness in society</li> </ul> Autocracy — a society where a leader has absolute power Communism — a society where the government rules in order to keep everyone equal. Theocracy — a society led by priests for the rule of God. We know our society is democratic because we have <ul> <li>referendum process</li> <li>the electoral process.</li> </ul> Diversity, Tolerance and Equality	ship by: • S pl • M • S • R · R · R · N · N · N · N · N · N	ipending time with peo- le Maintaining boundaries ipeaking and listening esolving conflicts hysical boundaries are: Not being touched any- where private	er v som I th resj chil are Mar com is ir I co	ner's families, either in scho vorld, netimes look different from ney should pect those differences and dren's families also characterised by love priage is a formal and legally mitment of two people to e ntended to be lifelong. an work together with other ficult circumstances, if I: Am patient Listen Communicate	n my family, but know that other and care. y recognised each other which	<ul> <li>I can recognise feel- ings in others as well as myself by:</li> <li>Watching be- haviour</li> <li>Listening</li> <li>Finding links between what I am doing and what I am feeling.</li> <li>Taking some time alone so that I can un- derstand my feelings.</li> </ul>	Our dietary choices can be influenced by: • The media • Beliefs • The environ- ment and the welfare of ani- mals • Income • Availability
I can challenge stereotypes by thinking of everyou unique.	Individual Libe	dividual Liberty			Careers and Finance		
<ul> <li>To prevent bulling, one should:</li> <li>Be tolerant of others</li> <li>Understand that everyone is different, and this is kay</li> <li>Bystander — someone who watches bad things happen. Bystanders have a responsibility to help those who need it.</li> <li>Risk</li> <li>I can keep emotionally safe on and offline by:</li> <li>Being careful of who I communicate with</li> <li>Knowing when to leave conversations and when to log off the computer</li> <li>Knowing who I can talk to if I'm feeling worried. We responsible for keeping ourselves and others safe.</li> <li>I can ask those I trust for advice or help for myself or others, and must keep trying until I am heard.</li> </ul>		The purposes of rules and laws, (enforced by the po- lice and courts) are: • To keep us safe • To keep others safe • To make sure we en- joy our rights		<ul> <li>Anti-social behaviours can:</li> <li>Make places unpleasant</li> <li>Make people feel unsafe</li> <li>I can question things I see</li> </ul>	Rights are moral and legal commit- ments about what people de- serve. Responsibilities are the duties that we have to other people and things.	<ul> <li>Individuals get in escalating debt because their existing debt stops them from affording the things that they need.</li> <li>Enterprise — the activity of creating businesses and managing them</li> <li>CV — a document that employers look at when hiring for a job.</li> <li>Interview — a formal meeting in which someone asks you questions to find out if you are the right person for a job, course of study, etc.</li> </ul>	
				on the media, on websites and that people say.			
		The Environment I know that we get resources from places all over the world, such as China, Brazil, Africa and America. Some groups that support the environment are: WWF, UNEP, UNFCC.					

## The UN Human Rights

When children are born, they are free and each should be treated in the same way. They have reason and conscience and should act towards one another in a friendly manner.

Everyone can claim the following rights, despite

- a different sex
- a different skin colour
- speaking a different language
- thinking different things
- believing in another religion
- owning more or less
- being born in another social group

 coming from another country.
 It also makes no difference whether the country you live in is independent or not.

You have the right to live, and to live in freedom and safety.

Nobody has the right to treat you as his or her slave and you should not make anyone your slave.

## Nobody has the right to torture you.

You should be legally protected in the same way everywhere, and like everyone else.

You should be able to ask for legal help when the rights your country grants you are not respected.

Nobody has the right to put you in prison, to keep you there, or to send you away from your country unjustly, or without a good reason.

If you must go on trial this should be done in public. The people who try you should not let themselves be influenced by others.

You should be considered innocent until it can be proved that you are guilty. If you are accused of a crime, you should always have the right to defend yourself. Nobody has the right to condemn you and punish you for something you have not done.

You have the right to ask to be protected if someone tries to harm your good name, enter your house, open your letters, or bother you or your family without a good reason.

Each work day should not be too long, since everyone has the right to rest and should be able to take regular paid holidays.

You have the right to have whatever you need so that you and your family: do not fall ill; do not go hungry; have clothes and a house; and are helped if you are out of work, if you are ill, if you are old, if your wife or husband is dead, or if you do not earn a living for any other reason you cannot help.

Both a mother who is going to have a baby and her baby should get special help. All children have the same rights, whether or not the mother is married.

You have the right to go to school and everyone should go to school. Primary schooling should be free. You should be able to learn a profession or continue your studies as far as you wish. At school, you should be able to develop all your talents and you should be taught to get on with others, whatever their race, their religion or the country they come from. Your parents have the right to choose how and what you will be taught at school. You have the right to share in your community's arts and sciences, and in any good they do. Your works as an artist, a writer or a scientist should be protected, and you should be able to benefit from them.

To make sure that your rights will be respected, there must be an "order" that can protect them. This "order" should be local and worldwide.

You have duties towards the community within which your personality can fully develop. The law should guarantee human rights. It should allow everyone to respect others and to be respected.

No society and no human being in any part of the world should act in such a way as to destroy the rights that you have just been reading about.