Democracy Mutual res		pect and Relationships			Identity	A healthy Lifestyle
 The Queen: Our Queen is Elizabeth II. She is part of the Royal Family. Her husband is Prince Phillp. She lives in Buckingham Palace, and Windsor Castle. 	 people. I can have relation- ships with my friends. I can solve conflict by: Asking the person to stop. Going to an adult. Taking some space if I feel angry. People can feel: Frust 		nds. When I am with somebody, I follow these rules: • I use kind hands and feet. • If someone asks me to stop doing some-		Achievements can be cele- brated by: Sharing them Praise Rewards I can include others by Being kind Letting them join in Sharing with them And it doesn't matter who they are.	 When I'm hungry, I get an empty feeling in my tummy, and it can rumble. I Can choose what I eat.
						 Some healthy foods are: Fruits (eat lots) Vegetables (eat most of these). Grains (such as wheat, rice).
Diversity, Tolerance and Equality	• Sad • • Confused •	 Excited Worried 		I am part of the Theale Community.	 Beans and Pulses (lentils, chickpeas, black beans). 	
People like different things.	Individual Liberty					Careers and Finance
 Religion is belief or worship. Race is what people look like, such as their skin colour and their eye colour. People can be different, and can make different choices. 	Our school values are Hope Peace Integrity	be saf •	d these things to ^{fe} and happy Safety Food	To stay clean and healthy, I nee to • Wash my hands after goin to the toilet.		Adults do different jobs. Adults get money when they do these jobs.
	• Joy	• Slev • Lov • Car	Water Sleep Love Care Cleanliness	ing • Ha	ash my hands before eat- g or touching my mouth. ave clean clothes to wear. ash my body regularly.	Some important jobs are: Police force Doctors and Nurses Teachers Dentists
Risk	The Environment				• Road Workers	
 I mustn't speak to strangers. I can go to an adult I trust if I feel worried or unsafe. Riverbanks, train lines, under cliffs, and outside, where I can't be seen by an adult are unsafe places to place. 		There are things around me that people have built. There are things around me that nature has made. The place where I live is similar and different to the places where other people live.				

EYFS